



SEPTEMBER 2019



| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|--|--|---|---|--|----------|
| BF Coordinator: (240) 880-1890 GT: (240) 744-1043 GB: (240) 780-3066 L/TP: (240) 638-1157 WT: (240) 880-1897 GRN: (240) 624-2271 | | Clinic Phone Numbers GB: 301-840-8339 GT: 301-515-7576 L/TP: 301-439-7373 WT: 301-933-6680 GRN: 240-638-1270 | Legend: CCI-Montgomery GT- Germantown GB-Gaithersburg WT-Wheaton GRN- Greenbelt L/TP-Langley/Takoma Park | Walk in available at: GT, GB, L/TP, & WT M – S 8am - 4:30pm | | |
| 1 | 2 Labor Day | 3 Breastfeeding Basics: <ul style="list-style-type: none"> GT at 10 AM L/TP at 3 PM Breastfeeding Support: <ul style="list-style-type: none"> GT at 1PM in Spanish L/TP at 1PM | 4 Breastfeeding Basics: <ul style="list-style-type: none"> GB & GRN at 10 AM GT at 1PM L/TP at 2PM in Spanish WT at 2PM Breastfeeding Support: <ul style="list-style-type: none"> GB & GRN at 1PM GT & WT & L/TP at 10AM | 5 Breastfeeding Basics: <ul style="list-style-type: none"> GT at 9AM L/TP & WT at 10AM Breastfeeding Support: <ul style="list-style-type: none"> GT, L/TP, & WT at 1PM GT, WT, & GRN at 10AM | 6 Breastfeeding Basics: <ul style="list-style-type: none"> GB at 1PM GT at 2PM WT at 10AM in Spanish Breastfeeding Support <ul style="list-style-type: none"> GB at 2PM GT at 1PM WT at 1:30PM in Spanish | 7 |
| 8 | 9 Breastfeeding Basics: <ul style="list-style-type: none"> WT at 10 am GB & L/TP at 1 PM Breastfeeding Support: <ul style="list-style-type: none"> GB at 2 PM GT at 10 AM L/TP at 9AM in Spanish WT at 10AM in Spanish | 10 Breastfeeding Basics: <ul style="list-style-type: none"> GT at 10 AM L/TP at 3 PM Breastfeeding Support: <ul style="list-style-type: none"> GT at 1PM in Spanish L/TP at 1PM WT at 1PM | 11 Breastfeeding Basics: <ul style="list-style-type: none"> GB & GRN at 10 AM GT at 1PM L/TP at 2PM in Spanish WT at 2PM Breastfeeding Support: <ul style="list-style-type: none"> GB & GRN at 1PM GT & WT & L/TP at 10AM | 12 Breastfeeding Basics: <ul style="list-style-type: none"> GT at 9AM L/TP & WT at 10AM Breastfeeding Support: <ul style="list-style-type: none"> GT, L/TP, & WT at 1PM GT, WT, & GRN at 10AM | 13 Breastfeeding Basics: <ul style="list-style-type: none"> GB at 1PM GT at 2PM WT at 10AM in Spanish Breastfeeding Support <ul style="list-style-type: none"> GB at 2PM GT at 1PM WT at 1:30PM in Spanish | 14 |
| 15 | 16 Breastfeeding Basics: <ul style="list-style-type: none"> WT at 10 am GB & L/TP at 1 PM Breastfeeding Support: <ul style="list-style-type: none"> GB at 2 PM GT at 10 AM L/TP at 9AM in Spanish WT at 10AM in Spanish | 17 Breastfeeding Basics: <ul style="list-style-type: none"> GT at 10 AM L/TP at 3 PM Breastfeeding Support: <ul style="list-style-type: none"> GT at 1PM in Spanish L/TP at 1PM WT at 1PM | 18 Breastfeeding Basics: <ul style="list-style-type: none"> GB & GRN at 10 AM GT at 1PM L/TP at 2PM in Spanish WT at 2PM Breastfeeding Support: <ul style="list-style-type: none"> GB & GRN at 1PM GT & WT & L/TP at 10AM | 19 Breastfeeding Basics: <ul style="list-style-type: none"> GT at 9AM L/TP & WT at 10AM Breastfeeding Support: <ul style="list-style-type: none"> GT, L/TP, & WT at 1PM GT, WT, & GRN at 10AM | 20 Breastfeeding Basics: <ul style="list-style-type: none"> GB at 1PM GT at 2PM WT at 10AM in Spanish Breastfeeding Support <ul style="list-style-type: none"> GB at 2PM GT at 1PM WT at 1:30PM in Spanish | 21 |
| 22/29 | 23/30 Breastfeeding Basics: <ul style="list-style-type: none"> WT at 10 am GB & L/TP at 1 PM Breastfeeding Support: <ul style="list-style-type: none"> GB at 2 PM GT at 10 AM L/TP at 9AM in Spanish WT at 10AM in Spanish | 24 Breastfeeding Basics: <ul style="list-style-type: none"> GT at 10 AM L/TP at 3 PM Breastfeeding Support: <ul style="list-style-type: none"> GT at 1PM in Spanish L/TP at 1PM WT at 1PM | 25 Breastfeeding Basics: <ul style="list-style-type: none"> GB & GRN at 10 AM GT at 1PM L/TP at 2PM in Spanish WT at 2PM Breastfeeding Support: <ul style="list-style-type: none"> GB & GRN at 1PM GT & WT & L/TP at 10AM | 26 No Classes Or Walk in | 27 Breastfeeding Basics: <ul style="list-style-type: none"> GB at 1PM GT at 2PM Breastfeeding Support <ul style="list-style-type: none"> GB at 2PM GT at 1PM WT at 1:30PM in Spanish | 28 |



OCTOBER 2019



| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|--|---|---|--|----------|
| BF Coordinator: (240) 880-1890 GT: (240) 744-1043 GB: (240) 780-3066 L/TP: (240) 638-1157 WT: (240) 880-1897 GRN: (240) 624-2271 | | Clinic Phone Numbers GB: 301-840-8339 GT: 301-515-7576 L/TP: 301-439-7373 WT: 301-933-6680 GRN: 240-638-1270 | Legend: CCI-Montgomery GT- Germantown GB-Gaithersburg WT-Wheaton GRN- Greenbelt L/TP-Langley/Takoma Park | Walk in available at: GT, GB, L/TP, & WT M – F 8am -4:30pm | | |
| | | 1 Breastfeeding Basics: <ul style="list-style-type: none"> GT at 10 AM L/TP at 3 PM Breastfeeding Support: <ul style="list-style-type: none"> GT at 1PM in Spanish L/TP at 1PM WT at 1PM | 2 Breastfeeding Basics: <ul style="list-style-type: none"> GB & GRN at 10 AM GT at 1PM L/TP at 2PM in Spanish WT at 2PM Breastfeeding Support: <ul style="list-style-type: none"> GB & GRN at 1PM | 3 Breastfeeding Basics: <ul style="list-style-type: none"> GT at 9AM L/TP & WT at 10AM Breastfeeding Support: <ul style="list-style-type: none"> GT, L/TP, & WT at 1PM GT, WT, & GRN at 10AM | 4 Breastfeeding Basics: <ul style="list-style-type: none"> GB at 1PM GT at 2PM Breastfeeding Support: <ul style="list-style-type: none"> GB at 2PM GT at 1PM WT at 1:30PM in Spanish | 5 |
| 6 | 7 Breastfeeding Basics: <ul style="list-style-type: none"> WT at 10 am GB & L/TP at 1 PM Breastfeeding Support: <ul style="list-style-type: none"> GB at 2 PM GT at 10 AM L/TP at 9AM in Spanish WT at 10AM in Spanish | 8 Breastfeeding Basics: <ul style="list-style-type: none"> GT at 10 AM L/TP at 3 PM Breastfeeding Support: <ul style="list-style-type: none"> GT at 1PM in Spanish L/TP at 1PM WT at 1PM | 9 Breastfeeding Basics: <ul style="list-style-type: none"> GB & GRN at 10 AM GT at 1PM L/TP at 2PM in Spanish WT at 2PM Breastfeeding Support: <ul style="list-style-type: none"> GB & GRN at 1PM | 10 Breastfeeding Basics: <ul style="list-style-type: none"> GT at 9AM L/TP & WT at 10AM Breastfeeding Support: <ul style="list-style-type: none"> GT, L/TP, & WT at 1PM GT, WT, & GRN at 10AM | 11 Breastfeeding Basics: <ul style="list-style-type: none"> GB at 1PM GT at 2PM Breastfeeding Support: <ul style="list-style-type: none"> GB at 2PM GT at 1PM WT at 1:30PM in Spanish | 12 |
| 13 | 14 Columbus Day | 15 Breastfeeding Basics: <ul style="list-style-type: none"> GT at 10 AM L/TP at 3 PM Breastfeeding Support: <ul style="list-style-type: none"> GT at 1PM in Spanish L/TP at 1PM WT at 1PM | 16 Breastfeeding Basics: <ul style="list-style-type: none"> GB & GRN at 10 AM GT at 1PM L/TP at 2PM in Spanish WT at 2PM Breastfeeding Support: <ul style="list-style-type: none"> GB & GRN at 1PM GT & WT & L/TP at 10AM | 17 Breastfeeding Basics: <ul style="list-style-type: none"> GT at 9AM L/TP & WT at 10AM Breastfeeding Support: <ul style="list-style-type: none"> GT, L/TP, & WT at 1PM GT, WT, & GRN at 10AM | 18 Breastfeeding Basics: <ul style="list-style-type: none"> GB at 1PM GT at 2PM Breastfeeding Support: <ul style="list-style-type: none"> GB at 2PM GT at 1PM WT at 1:30PM in Spanish | 19 |
| 20 | 21 Breastfeeding Basics: <ul style="list-style-type: none"> WT at 10 am GB & L/TP at 1 PM Breastfeeding Support: <ul style="list-style-type: none"> GB at 2 PM GT at 10 AM L/TP at 9AM in Spanish WT at 10AM in Spanish | 22 Breastfeeding Basics: <ul style="list-style-type: none"> GT at 10 AM L/TP at 3 PM Breastfeeding Support: <ul style="list-style-type: none"> GT at 1PM in Spanish L/TP at 1PM WT at 1PM | 23 Breastfeeding Basics: <ul style="list-style-type: none"> GB & GRN at 10 AM GT at 1PM L/TP at 2PM in Spanish WT at 2PM Breastfeeding Support: <ul style="list-style-type: none"> GB & GRN at 1PM GT & WT & L/TP at 10AM | 24 Breastfeeding Basics: <ul style="list-style-type: none"> GT at 9AM L/TP & WT at 10AM Breastfeeding Support: <ul style="list-style-type: none"> GT, L/TP, & WT at 1PM GT, WT, & GRN at 10AM | 25 Breastfeeding Basics: <ul style="list-style-type: none"> GB at 1PM GT at 2PM Breastfeeding Support: <ul style="list-style-type: none"> GB at 2PM GT at 1PM WT at 1:30PM in Spanish | 26 |
| 27 | 28 Breastfeeding Basics: <ul style="list-style-type: none"> WT at 10 am GB & L/TP at 1 PM Breastfeeding Support: <ul style="list-style-type: none"> GB at 2 PM GT at 10 AM L/TP at 9AM in Spanish WT at 10AM in Spanish | 29 Breastfeeding Basics: <ul style="list-style-type: none"> GT at 10 AM L/TP at 3 PM Breastfeeding Support: <ul style="list-style-type: none"> GT at 1PM in Spanish L/TP at 1PM WT at 1PM | 30 Breastfeeding Basics: <ul style="list-style-type: none"> GB & GRN at 10 AM GT at 1PM L/TP at 2PM in Spanish WT at 2PM Breastfeeding Support: <ul style="list-style-type: none"> GB & GRN at 1PM GT & WT & L/TP at 10AM | 31 Breastfeeding Support: <ul style="list-style-type: none"> GT, L/TP, & WT at 1PM | | |



NOVEMBER 2019



| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|--|---|--|--|--|----------|
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| 10 | 11 Veterans Day | 12 Breastfeeding Basics: <ul style="list-style-type: none"> GT at 10 AM L/TP at 3 PM Breastfeeding Support: <ul style="list-style-type: none"> GT at 1PM in Spanish L/TP at 1PM WT at 1PM | 13 Breastfeeding Basics: <ul style="list-style-type: none"> GB & GRN at 10 AM GT at 1PM L/TP at 2PM in Spanish WT at 2PM Breastfeeding Support: <ul style="list-style-type: none"> GB & GRN at 1PM GT & WT & L/TP at 10AM | 14 Breastfeeding Basics: <ul style="list-style-type: none"> GT at 9AM L/TP & WT at 10AM Breastfeeding Support: <ul style="list-style-type: none"> GT, L/TP, & WT at 1PM GT, WT, & GRN at 10AM | 15 Breastfeeding Basics: <ul style="list-style-type: none"> GB at 1PM GT at 2PM Breastfeeding Support <ul style="list-style-type: none"> GB at 2PM GT at 1PM WT at 1:30PM in Spanish | |
| 17 | 18 Breastfeeding Basics: <ul style="list-style-type: none"> WT at 10 am GB & L/TP at 1 PM Breastfeeding Support: <ul style="list-style-type: none"> GB at 2 PM GT at 10 AM L/TP at 9AM in Spanish WT at 10AM in Spanish | 19 Breastfeeding Basics: <ul style="list-style-type: none"> GT at 10 AM L/TP at 3 PM Breastfeeding Support: <ul style="list-style-type: none"> GT at 1PM in Spanish L/TP at 1PM WT at 1PM | 20 Breastfeeding Basics: <ul style="list-style-type: none"> GB & GRN at 10 AM GT at 1PM L/TP at 2PM in Spanish WT at 2PM Breastfeeding Support: <ul style="list-style-type: none"> GB & GRN at 1PM GT & WT & L/TP at 10AM | 21 Breastfeeding Basics: <ul style="list-style-type: none"> GT at 9AM L/TP & WT at 10AM Breastfeeding Support: <ul style="list-style-type: none"> GT, L/TP, & WT at 1PM GT, WT, & GRN at 10AM | 22 Breastfeeding Basics: <ul style="list-style-type: none"> GB at 1PM GT at 2PM Breastfeeding Support <ul style="list-style-type: none"> GB at 2PM GT at 1PM WT at 1:30PM in Spanish | 23 |
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